

Article 1: All children under 18 have rights
Article 19: I have a right to be protected from being hurt or badly treated
Article 24: I have a right to ... a safe environment...
(UN Convention on the Rights of a Child)

Safeguarding News

If you are worried about a child or need any advice, please do not hesitate to contact a member of our Safeguarding Team. This can be via the office or by email dsl@uppernidderdalefed.school



Miss Thornber



Mrs Wilkinson



Mrs Thomas



Mrs Bourne



Mrs Lumley



Mrs Fearnley

Support for Parents on Children's Online Safety

Parents can access a wide range of resources and support to help keep their children safe online. Key areas to focus on include:

- **Open Communication:** Have regular, ongoing discussions with your children about staying safe online, and encourage them to talk about what they see or find worrying on the internet.
- **Parental Controls:** Use age-appropriate parental controls on devices and apps to restrict access to unsuitable content.
- **Safety Tools:** Take advantage of built-in safety features and monitoring tools available on devices, platforms, and apps to help manage your child's online activity.
- **Learning Resources:** Make use of educational materials and activities that help children understand online safety and develop strong digital literacy skills.
- **Community Support:** Connect with other parents through online communities or forums to share experiences, advice, and best practice.

For more detailed advice and practical support, parents can visit trusted websites such as **NSPCC**, **Internet Matters**, and the **UK Safer Internet Centre**, which provide comprehensive guidance for parents and carers.

**Our Safeguarding Governor is
Mrs. Amanda Simmons**

Mind's services

Helplines Mind's helplines give support and information by phone and email. You can contact us about mental health, welfare benefits and legal rights.

Our [helplines page](#) has information about the usual opening hours, and when they'll be closed over Christmas.

Local Minds Local Minds offer face-to-face services across England and Wales. These include talking therapies, peer support and advocacy.

You can [find your local Mind's website](#) to check Christmas opening times.

Side by Side is our supportive online community for anyone experiencing a mental health problem. You can access the community any time, including over Christmas.

If you need support please let us know by emailing
familysupportworker@uppernidderdalefed.school

Safeguarding is a priority here!